



# Turtles Newsletter

FOR MEMBERS OF THE RUISLIP TURTLES  
SWIMMING CLUB **JULY & AUGUST 2011**

*The Turtles Swimming Club is a registered charity number: 01055585*

## DIARY DATES

Summer Lunch  
Outing  
Sunday 10th July

Committee  
Meeting  
Wednesday 31st  
August

Leeds Castle  
Outing Sunday  
4th September

Turtles Invitation  
Gala & NASCH  
Region One Gala  
Saturday 17th  
September

NASCH  
Championships  
Leamington Spa  
Saturday 5th  
November

## September Outing Confirmed



Our annual outing has been arranged for Sunday 4th September and this year we will be going to Leeds Castle in Kent. We will again be hiring a special coach from Chalfont Coaches that will have the usual disabled facilities including the lift for the wheelchairs and scooters. We are able to provide the coach thanks to a donation that we received earlier this year from someone who wishes to remain anonymous. We are very grateful for this generous gesture because the club could not otherwise have funded the transport.

September 4th is a special event day at Leeds Castle, celebrating travel from the Edwardian era to the 1930s with hot air balloons, boats and veteran cars on display and there will also be a craft fair. Please turn to page 2 to find out more about the outing including the disabled facilities at the castle.

## Pool Closure

### Update

The planned refurbishment of Highgrove has slipped back again. We have been informed that the pool work will not be started until after the October Half Term holidays and any closure is highly unlikely before November. We have therefore decided that our Invitation Gala and NASCH Region One Gala will be held at Highgrove Pool on the 17th September.

## Thank You to Rotary

### Club of Uxbridge

Following our lunchtime presentation to the Rotary Club of Uxbridge on the 27th May, the Rotarians have made a donation of £100 to the Ruislip Turtles. Thank You, very much appreciated!



Rotary Club of Uxbridge



# Leeds Castle — 4th September



Leeds Castle has been a Norman stronghold; the private property of 6 of England's medieval queens; a palace used by Henry VIII and his first wife Catherine of Aragon; a Jacobean country house; a Georgian mansion; an elegant 20th Century retreat for the influential and famous and in the 21st century, it has become one of the most visited historic buildings in Britain.

There is something for all the family: Park & Gardens; Aviary & World of Wings Show; Knights' Realm Playground; Maze, Grotto and Toddlers' Play Area; Black Swan Water Cruise (£1); and Elsie the Castle Train (50p). As it is a special event day, there will also be a celebration of travel from the Edwardian era to the 1930s. Hot air balloons, boats and veteran cars will all be on display and there will be a craft

fair with over 75 stalls.

Thanks to the donation we received towards the cost of the coach, and the group rates that we enjoy, we are able to offer the Leeds Castle outing to our members for a rate of **£14 for adults and £10 for children**. The normal adult castle entrance fee is £18.

Of course members can also acquire tickets for their carers, friends or family.

So please see Marion and book early to avoid disappointment!



## Travel & Disabled Facilities



The coach will be at Highgrove for 9.00 for a journey that should take approximately 100 minutes. We will also pick up at Ickenham (Coach and Horses) and then Hillingdon Station. We will be stopping at Clacket Lane Service Station for a comfort break on the way down. So we would hope to arrive at Leeds Castle by 11.30. The special Chalfont coach that we hire has a wheelchair and scooter lift (see picture) and so if you wish to bring a scooter or wheelchair please let Marion know when making your booking. Some wheelchairs are available at the Castle but we are advised to bring our own wheelchairs whenever possible.

There is a complimentary mobility bus service on the estate for the less mobile visitors, available near to the ticket office.

The castle is accessible via a front door ramp. Inside the castle there is a lift for passengers seated in wheelchairs (but not scooters).

A maximum of 2 wheelchairs are allowed in the castle at any one time, so some staggering of entrance may be necessary. Wheelchairs and scooters can not go on to the upper floor of the castle but a DVD of the restricted areas is provided in the Yellow Room. There is a 45 metre cobblestone drawbridge onto Castle Island.

The Fairfax Restaurant has wheelchair access via Fairfax Courtyard but disabled visitors should use the nearby toilets in Stable Hill and not the restaurant toilets.

The Gardens, Aviary, World of Wings, Dog Collar Museum, Ellie the Train and the Black Swan Ferry Boat can all accommodate wheelchairs.

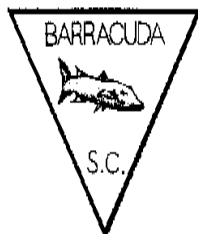
The Maze and Underground Grotto are not accessible to wheelchairs.



For more information, pick up a pamphlet from Marion or visit the Leeds Castle website @

<http://www.leeds-castle.com>





# Turtles share 1st Place at Potters Bar Barracuda Gala



**Saturday 25th June** A great team performance with all the team members winning at least one medal each resulted in the trophy being shared with Hatfield Platypus. So we were just one point short of retaining the trophy outright that we won last year. Our Gold medal winners were Ian Andrew Horne (Junior 2 Lengths) and Jeannette Prentice (Ladies 2 Lengths).

Well done to the team — all pictured opposite in their Relay Teams.

More photographs of the Potters Bar Barracuda Gala together with the detailed results of all our galas can be viewed on the Turtles website.



Event	Swimmer	Position
Junior 1 L	Oliver Regan	4th R
Ladies 1 L	Anne Rourke	3rd
Mens 1 L	Neil Dew	3rd
Junior 3 L	Sophie Grey	3rd R
Ladies 3 L	Gyllian Lucas	2nd
Mens 3 L	Gary Lee	4th R
Junior 2 L	Ian Andrew Horne	1st
Ladies 2 L	Jeanette Prentice	1st
Mens 2 L	Jack Locket	4th
Junior Relay	Ian Andrew, Sophie & Oliver Regan	3rd
Ladies Relay	Jeanette, Gyllian & Anne	2nd
Mens Relay	Neil, Jack & Gary	3rd
Diving	Neil Dew	4th
R = Repositioned		



Competing Clubs		
Hatfield Platypus	54pts	Ruislip Turtles 54pts
Stevenage Dolphins	48pts	Potters Bar Barracuda 45pts
Enfield Venturers	37pts	

## Waitrose

Waitrose Ruislip store has selected our club as one of the June deserving causes for their Community Matters Scheme. Thank you to all those that supported us by placing a green disc in our box. We will provide an update in the next Newsletter.

## September Home Gala(s)

Due to the delayed refurbishment work, the Turtles Invitation Gala and the NASCH Region One Gala will now be held at Highgrove Pool on the 17th September. We would appreciate any help with the gala and also any donations of food for the buffet. Please see Peter Jones if you are interested in helping.



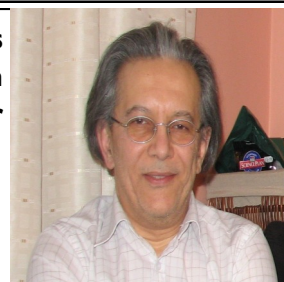
## Fourways

Our club has been selected as one of the organisations to be supported by the Fourways Ladies Club of Ruislip next year and so we shall be presenting to their committee early 2012.

## Welcome Bijan

Bijan Ghorbanian was welcomed to his first committee meeting on June 28th following his successful nomination earlier in the month at the AGM.

Welcome to the team Bijan!



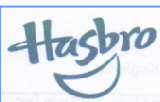
## 2011/12 Sponsors

Our quest for donations and sponsors continues but we are grateful to Hasbro UK, Waitrose and Rotary Club of Uxbridge for their support.



Rotary Club of Uxbridge

Waitrose



## Harsh's Sponsored Walk

Harsh Ganesh is raising funds for the Turtles by going on a sponsored walk from his home in Northwood. Harsh hopes to complete 5 miles and if you would like to sponsor Harsh please see Vanita Ganesh (his mother) or Marion Beckwith. Harsh recently learnt to swim with the Turtles and it is his way of saying thank you. But a big thank you to Harsh as well!



## Long Distance Badges

Congratulations to Ron Jervis for completing his 10 and 25 metres badges!

## Harrow Kingfisher Gala Cancelled

The Kingfisher Club has decided that they will not be holding a 2011 gala (provisionally scheduled for 9th July). Ralph Watson managed their gala team for many years before moving to Devon at the tail end of 2010. Unfortunately, the club has not been able to find a replacement for Ralph as yet and so reluctantly they have had to cancel the event for 2011.

**We are a swimming club for anyone with a physical, mental health or learning difficulty.**

**Turtles Swimming Club is based at Highgrove Pool, Ruislip and meets every Saturday between 5pm and 6 pm.**

Turtles website: <http://www.ruislipturtles.org.uk>

Turtles email: [turtlesswimming@yahoo.co.uk](mailto:turtlesswimming@yahoo.co.uk)

Chair (Dave): 07730 047500

Secretary (Marion) 0208 866 8606

