

# Turtles Newsletter

March 2010 Newsletter

Newsletter for the members of the Ruislip Turtles Swimming Club



## Uxbridge Pool Official Opening—23rd March

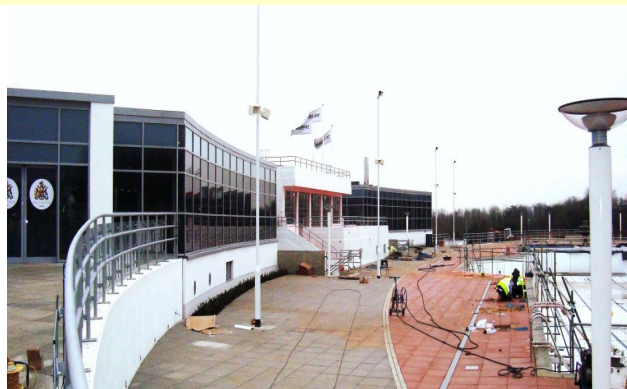
The new Uxbridge Leisure Centre will be officially opened by Boris Johnson (Mayor of London) the morning of the 23rd of March. Sylvia Smith OBE and David Lee have been invited to represent the Turtles Swimming Club at the official opening. The pool has been 'unofficially' open to Hillingdon residents since the 8th February and Sylvia, David and Marion all received a tour of the facilities on Monday March 1st. As part of the tour, Sylvia was able to inspect all the disabled facilities and then feedback to Adrian Malduca of Fusion Leisure, who was very appreciative of her observations.

The 50metres outdoor lido has been completely refurbished and will re-open shortly.

We remain in discussion with Hillingdon Sports Council regarding a possible additional Sunday evening session for the disabled at the new pool but nothing as yet has been agreed. It is likely that Highgrove will close at some point for refurbishment but we understand that no date has been agreed and the project is still being scoped, so nothing is likely to happen before the Summer and we will let you know the contingency arrangements when we know them.



The new 50 metres pool divides into 2 separate 25 metres pools when required.



The Lido – refurbishment still on-going



The new hydro pool facilities



Mayor of London Boris Johnson will officially open the new leisure centre





## Forthcoming Events—Your support is required

### Club Gala - Saturday 8th May at 6pm

Please stay after the swimming session and support your Club Gala Team.

Your help with the supply of sandwiches, biscuits or cakes for the Gala would be very much appreciated.

Volunteers are also needed to help at the Gala, please contact Sylvia.

### Annual General Meeting - Saturday 15th May from 7pm

All members are invited to attend the AGM that is held at 7pm at the Workshop Centre, Wiltshire Lane.

The Officers report back to the membership about the events of the last year and the plans for the next 12 months including a run through of the financial situation of the club.

The Officers and Committee elections are then held, followed by a general discussion.

The meeting closes with the annual awards ceremony.

The AGM is followed by a Fish and Chip Supper (Price TBC) - place your orders with Marion at the poolside or call her on 0208 866 8606

### The Current Officers & Committee

#### The Turtles Club Officers

David Lee	Chairman
Rosemary Noyes	Vice Chair & Treasurer
Marion Beckwith	Secretary
Linda Clarke	Chief Instructor
Anne Rourke	Assistant Secretary
Sylvia Smith OBE	Competition Organiser

#### Committee Members

Pauline Dew (Youth Development)  
Ann Chivers, Erica Beckwith,  
Malcolm Yates, Elisabeth Richards &  
Lyn Thomson.

### Club Swimming Session - Saturday 15th May from 5pm until 5.30pm only

#### Club Championship follows at 5.30 until 6pm

We would like all disabled members to participate in the Club Championships if possible.

The Championship races consist of one length of the pool and a handicap system of timing is used so that everyone starts with an equal opportunity to win.

We are also hoping to have a fun event in the small pool so that members who don't yet swim a length can participate in the Championships.

The Club Champions and Runners-Ups will be presented with their cups, medals and certificates at the AGM.

Please contact Sylvia or Peter Jones as soon as possible if you would like to participate.

### Would you like to join the Committee?

Can you spare one evening a month to discuss and plan the Turtles forthcoming events and the general running of the club?

Meetings, with refreshments, last for about 2 hours and are held at those members houses that have wheelchair access (usually Sylvia's house).

The majority of the officers and committee are prepared to stand for re-election for another year, however we do have a vacancy for a committee member.

If you are interested in taking a more active interest in your club please ask one of the existing committee members for more details ahead of the AGM.

We are a swimming club for anyone with a physical, mental health or learning difficulty.

**The Turtles Swimming Club is a registered charity: Number 1055585**

**Contacts:**

**Chair (Dave): 07730047500 or Sec. (Marion): 0208 866 8606**





**Hatfield Gala  
Postponed**



Unfortunately, the Platypus Hatfield Gala next month has had to be postponed.

A new date of Saturday 5th June has been scheduled.

It seems that our 2010 gala season is never going to get going..... Will we ever get to wear our new dressing gowns and Gala Team Shirts?

**Postal Swim 2010**

**British Long Distance Swimming Association**

Congratulations to everyone who participated in this year's Postal Swim.

Big thanks go to Sylvia for counting and timing everyone. In total she counted over 500 lengths!

The swimmers all completed their swims within 60 minutes. The pool is 33.3 meters long.



**2010 Postal Swim Distances**  
(Highgrove Pool Lengths):

Shirley Davis	26
Stewart Hayes	28
Vida Chalkey	34
Jeanette Prentice	36
James Lesnek	40
Gary Lee	40
Karen Hoffmann	43
Linda Clarke	46
Erica Beckwith	60
Talha Ali	73
David Lee	76



**Hasbro supports the Turtles for a 2nd Year**

For the second year running, toy manufacturer Hasbro UK has agreed to support the Turtles Club by providing toys and games that we can use as raffle prizes.

Hasbro's Headoffice is at Stockley Park and they are responsible for major brands ranging from Monopoly to Transformers.

This is very good news for the club because the weekly raffle, together with the gala raffles raises over £600 a year—thanks to the great work of Pat Bonney who has looked after the raffle for many years.

Please support the club by buying tickets at the Saturday



**Subscriptions are due again!**

Please remember to bring your subscriptions that are due again on Saturday 3rd April.

Disabled Members £7  
Family Members / Helpers £14

N.B. No increase again this year



**Black Horse, Iver Heath Evening Meal**

**Wednesday 24th March 7.30**

If you are yet to confirm that you are participating please give your name and a deposit of £10.00 per person to Sylvia or Marion by no later than Saturday 13<sup>th</sup> March.

Marion also needs your menu choices ahead of the day please.



<b>Mini-Pick Up Schedule</b>	Time
<b>Ickenham (Cophall Road East)</b>	<b>6.25</b>
<b>Linden Avenue</b>	<b>6.35</b>
<b>Ruislip Manor Station</b>	<b>6.45</b>
<b>Long Lane</b>	<b>7.00</b>
<b>Harlington Rd. Hayes</b>	<b>7.05</b>
<b>Iver Heath</b>	<b>7.30</b>

**Directions (SL0 ODH)**  
**Join the A40 heading west**

Leave the A40 at the Denham Roundabout

At the roundabout take the 2nd exit A412 (Denham Road)

Continue for 1 mile until the roundabout and take first exit onto Bangors Road North (0.3 mls)

At the next roundabout take the first exit Bangors Road North (0.2 mls)

Bear left onto Bangors Road South (0.1 mls)

The Black Horse is on the junction with Slough Road, on the right.



# March Newsletter 2010



Caudwell Children



## Enable Sport Grant Guidelines

Caudwell Children's Enable Sport Programme will provide specifically designed sports equipment to enable disabled children and young people to participate in sport.

The application must be on behalf of a particular child, Caudwell Children is unable to make donations to sporting organisations.

The child must be 18 years or under at time of application, resident in the United Kingdom and have an illness or disability.

The Charity does use means testing to help assess applications.

The donation must make a substantial difference to the child's life.

The donation must be used for a specific item and not given as a general donation e.g. wheelchair, exercise equipment.

The charity is unable to give money to a general fundraising campaign for an individual child however the Charity is able to purchase or fund a specific item within that campaign.

Invoices for Payment to be made out to Caudwell Children are required. Caudwell Children will pay all monies direct, rather than into other funds/collections.

The application form must be completed truthfully and signed.

Proof/ confirmation of the child's situation (in written form) from a professional body will be required e.g. doctor/consultants as will confirmation that the item requested is suitable for that child.

A supporting letter from the child's sports coach, sports development team, club or teacher must be supplied.

Decisions will be based on those in greatest need of financial assistance and the sporting development of the child.

Visits by Trudi Beswick, CEO of Caudwell Children or a Trustee may be required.

This is a limited fund and a one-off programme and Caudwell Children reserves the right to decline funding.

## Enable Sport Application Pack



We have been approached by Caudwell Children's Sports regarding possible funding opportunities. However, we are not eligible to apply as a club but individuals may apply.

If you wish to make an application for support to Caudwell Children Sport Programme please ask Dave, Sylvia or Marion for an application form or send an email to: [turtlesswimming@yahoo.co.uk](mailto:turtlesswimming@yahoo.co.uk) for an electronic version.

## Diary Dates

Evening Meal

Wed. 24th March

NASCH Weekend & AGM

April 16 –18

Committee Meeting

Wed. 5th May

Turtles Gala

Sat. 8th May

Turtles Championship

Sat. 15th May

Annual General Meeting

Sat. 15th May

Hatfield Gala

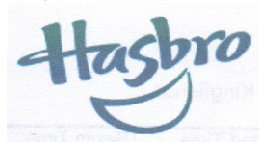
Sat. 5th June

NASCH Gala Championship

Sat. 6th November



## Thank you to all of our sponsors



London Borough of Hillingdon Youth & Connexions Service

Turtles website : <http://www.ruislipturtles.org.uk/>

Turtles email: [turtlesswimming@yahoo.co.uk](mailto:turtlesswimming@yahoo.co.uk)

