

Turtles Newsletter

November 2010 Newsletter

No.12

Newsletter for the members of the Ruislip Turtles Swimming Club

The Turtles Swimming Club is a registered charity Number: 1055585



Congratulations.....



To Norman and Joan!

Congratulations to Norman and Joan Abbot who celebrated their Golden Wedding Anniversary on the 8th October. Norman and Joan have been members of the Turtles Swimming Club for over 37 years. Norman is our longest serving swimming trainer and is responsible for helping many, many members with their swimming and water confidence. Joan is also a long serving member and is a valuable helper with the food for the Turtles home galas. Joan and Norman were delighted when their family arranged a surprise party to celebrate the big event!



Norman & Joan on holiday in Switzerland 2006



Norman & Joan's big day back in 1960—Highbury.



**Well done
Norman and
Joan!**

And to Pippa as well!

Congratulations to Pippa Haggit who celebrated her 18th birthday on September 26th 2010.

Pippa is one of our Helpers providing tuition in the training lane on Saturdays.

Pippa is also one of the trainers of disabled children at the Uxbridge Sunday evening swimming classes. If you wish to enrol your child for one of the future swimming courses please speak to either Pippa or Ricky at one of our Saturday club sessions.





Get Well Soon Sylvia...

Sylvia Smith is recovering in the Stroke Unit at Northwick Park Hospital after being taken ill on Saturday 16th October. We all wish her a speedy recovery and look forward to seeing her back with the club very soon.



AGM & Annual Championships

Next year's Annual General Meeting has been arranged for Saturday 4th June. This is a couple of weeks later than usual to meet the availability of club officers. The location will be held at the usual Workshop Centre, Wiltshire Lane, with a Fish and Chip supper before the meeting. The Annual Championships will also take place on 4th June 2011.

End of the Winning Streak

Without Sylvia our Gala Team's great winning run came to an end at Stevenage with the team finishing joint 3rd. Turn to page 3 to see the medal winners and page 5 for some photographs. We have had an exceptionally successful season. We now have just one event remaining for 2010—the National Championships!

Cadbury World

The trip to Cadbury World has now been booked for Sunday 27th March. We will be hiring a 49 seat coach with wheelchair and scooter access thanks to a grant from Grass Roots (managed locally by North West London Foundation). The likely cost will be £8.50 for adults and £6.50 for children (tbc) and we will be collecting the money in January. For full details of the facilities available at Cadbury World please see last month's Newsletter or go to: <http://www.cadburyworld.co.uk>.

I.T. Equipment

Following the receipt of the grant from Grass Roots (managed locally by North West London Community Foundation) our club has now purchased 3 laptop computers (taking our total to 4); a pc projector; a projector screen and 2 printers (1 for the newsletters, the other for mobile use at galas). The use of dedicated equipment will make it easier to transfer official records and facilities to new officers in the future.

Next Evening Meal

The next evening meal has been scheduled for Thursday 17th February 2011. The venue will be announced in due course. We will be hiring a mini-bus for those who have travelling difficulties. We will be collecting the £10 deposit from those interested in attending.

Turtles Gala 2011

Our usual May home swimming gala will be rescheduled next year to September as it will now be a 'double header' event. As winners of the NASCH Region One Gala in 2010, it becomes our responsibility to host the event on the 10th September 2011. As a consequence, the Watford Sea Lion Gala switches to May for 2011. The dates for the May Watford Gala will be communicated in due course.

Diary Dates

NASCH
Championships
Leamington Spa

Sat. 6th November

Committee Meeting

Wed. 17th November

2011

Committee Meeting

Wed. 5th January

Feltham Gala

Sun. 6th February

Evening Meal

Thur. 17th February

Cadbury World Outing

Sun. 27th March

Watford Sea Lion Gala

May 2011 tbc

Turtles Championships

Sat. 4th June

Annual General Meeting
& Supper

Sat. 4th June

Turtles Gala & NASCH
Region I Gala

Sat. 10th September





Gala Results

Stevenage Dolphins Gala

Saturday 16th October

The Turtles finished joint 3rd as the winning streak of 4 successive gala victories came to an end. The gala was won by Hatfield Platypus for the 5th successive year.

Medal Winners	Award	Event
Sophie Grey	Bronze	Junior 1 Length
	Bronze	Junior Relay
Tom Regan	Bronze	Junior Relay
Karen Hoffmann	Bronze	Ladies 1 Length
	Bronze	Ladies Relay
Jeannette Prentice	Gold	Ladies 2 Lengths
	Bronze	Ladies Relay
Anne Rourke	Bronze	Ladies Relay Team
Erica Beckwith	Gold	Ladies 4 Lengths
Gary Lee	Gold	Mens 4 Lengths
Neil Dew	Bronze	Mens 1 Length
Carl Richards		Also participated

Overall Team Scores	Pts
Hatfield Platypus	46
Stevenage Dolphins	43
Ruislip Turtles	37
Potters Bar Barracuda	37
Harrow Kingfisher	32

Turn to page 5 for the photographs.

More detailed results and photographs of all our galas can be found on on the Turtles website @:
<http://www.ruislipturtles.org.uk/>



The NASCH Championships 2010

The final event in the 2010 Gala season takes place on Saturday 6th November at Leamington Spa. Good luck to all our swimmers representing Region I in the National Championships.

Sophie Grey	Junior 1 Length & Junior Relay
Tom Regan	Junior Relay
Karen Hoffmann	Ladies 1 Length & Ladies Relay
Jeannette Prentice	Ladies 2 Lengths & Ladies Relay
Erica Beckwith	Ladies 4 Lengths
Anne Rourke	Ladies Relay
Neil Dew	Mens 1 Length
James Lesnek	Mens 2 Lengths & Mens Relay
Gary Lee	Mens 4 Lengths & Mens Relay
Carl Richards	Mens Relay

Mini Bus Schedule	Collection Time
Downs Avenue	10.00
Eastern Avenue	10.05
Eastcote Station	10.10
Coombe Drive	10.15
Linden Avenue	10.20
Bushey Road	10.35

Doors Open at 12.30, the Gala starts at 1.15





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Feltham Returns to the Gala Schedule



The New Gala Season starts on Sunday 6th February 2011 with the Feltham Lions Gala

The 2010 Gala had to be cancelled because the Feltham Pool was undergoing a major refurbishment but returns for our 2011 season as our opening event.



The Feltham Gala is organised by Lions International and therefore operates under different rules to the NASCH Galas but it does mean that we can enter more than one swimmer for each event. So if you are interested in joining the Gala Team or participating in the Feltham Lions Gala please contact Dave.

Lions Galas take place on Sunday afternoons so swimming commences at 3.15 at Feltham.



British Long Distance Swimming Association



The Long Distance Postal Swim will commence again at the end of November and run through until the last week of February

Sylvia Smith usually organises the event on behalf of our club, monitoring how far our individual participating members can swim in the allotted one hour.

One lane of the pool is therefore used specifically for those wishing to participate during this period.

If you wish to participate please contact Marion, Dave or Linda to book one of the Saturday timeslots.



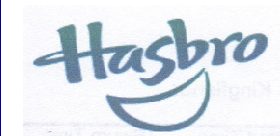
We are a swimming club for anyone with a physical, mental health or learning difficulty. The Turtles Swimming Club is based at Highgrove Pool, Ruislip and meets every Saturday from 5pm to 6pm

Turtles website : <http://www.ruislipturtles.org.uk/>

Turtles email: turtlesswimming@yahoo.co.uk

Chair (Dave): 07730 047500 Secretary (Marion) 0208 866 8606

Thank you to all of our sponsors listed below:



Managed by the Community Development Foundation
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London Borough of Hillingdon Youth & Connexions Service

Stevenage Dolphins Gala Saturday 16th October



News from NASCH Region One Clubs

The Turtles Swimming Club forms part of the NASCH Region One covering Middlesex and Hertfordshire (as far round as Watford). There are a number of Disabled Swimming Clubs in Region One but currently only two other clubs are participating in the galas (Watford Sea Lions and Harrow Kingfishers). Stevenage Dolphins, Hatfield Platypus and Potters Bar Barracuda all form part of a very large geographical Region 3 with many participating disabled clubs.

So we are very sad to learn that both of the Region 1 Clubs are losing their gala team managers.

Ian Ashley has decided to step down after a long stint managing the Sea Lions and Ralph Watson is moving to Devon and so has stepped down as team manager of the Harrow Kingfishers.

Baz Luintel will be taking over the Sea Lions but the Kingfishers are still searching for a successor to Ralph.

We wish Ralph and Ian every good fortune for the future and thank them for the countless successful galas and the hospitality that they provided over many years. Good luck guys!



Gala Dressing Gowns

We are disposing of our old white cotton swimming gala dressing gowns (probably to a Charity shop). If you would like one for free, please ask Marion or Dave.

