



Turtles Newsletter

FOR MEMBERS OF THE RUISLIP TURTLES
SWIMMING CLUB

OCTOBER 2011

DIARY DATES

Stevenage Dolphins
Gala
Sstursday 22nd
October

NASCH
Championships
Leamington Spa
Saturday 5th
November

Committee Meeting
Wednesday 9th
November



Turtles Double Gala Success

The Turtles won both the Invitation Gala and the NASCH Region 1 Championships on Saturday the 17th September. The Turtles entered two teams into the event (Turtles A and Turtles B) and every member of our 2 teams won a medal with Turtles A finishing first and Turtles B finishing 2nd in both Gala events. Congratulations to all our swimmers who in total won 61 medals with special mention to Shaida Ghorbanian, Don Lamb and Geraldine Leong who were participating in their first gala event.

Thank you to everyone who contributed to the buffet with food donations and thank you to a fantastic set of helpers that made the complicated process of a 'double header' work so well. Our Acting Competition Organiser, Peter Jones, once again did a fantastic job in organising the evening, but all in all, a great team effort both in the pool and on poolside!

The full results can be viewed on Page 3 and the up to date 2011 medals table viewed on our website.

As we performed so well in winning the Region 1 Gala, it falls upon us to host again in 2012. So will we have another double header next year!

Good Luck Pippa!



This month we said good-bye to Pippa Haggit who is now studying for her degree in Child Care at Southampton University. Pippa has been with us for the last 2 years and she has become a big part of the Turtles 'family'. Along with Tria, Emma and our 'new' girl Yasmin, they have helped us become more confident swimmers and our Gala Team to become more successful. We have a promise from Pippa that she will come back and see us over the Christmas holidays. So we wish Pippa all the best and every success with her degree and future career. Thank you Pippa!

Linda Clarke, Chief Instructor

Alison Grey Joins the Committee

We are delighted to welcome Alison Grey on to the Turtles Committee. Alison has agreed to join the committee as a co-opted officer, filling the vacant

Assistant Secretary role. Alison and her family have been members of the club for over 10 years, with her daughter Sophie a regular member of the gala team.



Waitrose



Thank you! Thank you! Thank you!

Thank you to everyone who supported the club through the **Waitrose Community Matters** scheme at their Ruislip branch. Where we were one of the three chosen causes for the month of June. We collected 40% of the discs cast by shoppers during the month and as a consequence, we have received a cheque from Waitrose for £403.

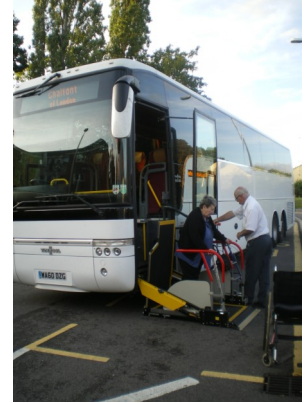
We also received a generous £200 donation from the **Ruislip Lions** following the presentation that we made to them

back in June 2010.

The Committee is currently considering how best to allocate the funds taking into account the club's transport needs together with other financial priorities. We are pleased that after all our recent efforts we have had some successes in the fund raising arena.

We are particularly grateful to one of our members (who wishes to remain anonymous) for a very generous **private donation** of £595 to cover the cost of the coach hire

for our next outing. We would really like to communicate the person's name so that you can all express your gratitude but we will of course respect the member's wishes.



Do you have a computer problem?



Bijan Ghorbanian

Bijan Ghorbanian (Shaida's father) recently joined the Turtles Club Committee. Bijan works in the I.T world dealing with all hardware and software issues as well as selling and upgrading solutions. Bijan also arranges 'one to

one' training in using and understanding computers. As part of his support to the Turtles Club he is prepared to offer discounts to our club members as well as making a donation to the Turtles for all work taken on from

club members.

So if you are experiencing computer problems or just need help, call Bijan's mobile (07724197267) and in doing so you could also be helping the Turtles!

NASCH Funding Problems

Turtles Swimming Club is affiliated to NASCH (National Association of Swimming Clubs for the Disabled). As such, our national organization provides many services to affiliated clubs, including subsidized public insurance, National and regional

Galas, distance awards and keeps clubs informed by a year book and occasional newsletters. NASCH is dependent on voluntary donations and like many charities these days they are struggling to 'keep their heads above water'. Consequently, they have

appealed to individuals and organisations to help by way of donations.

Donations can be given via text 700.70.

More information about NASCH can be viewed on their website @ <http://www.nasch.org.uk>



NASCH Region 1 Gala Results & Turtles Invitation Gala Results (17th September)

Girls 1 L	Shaída Ghorbanian	1st (Gold)	1st (Gold)
Boys 1 L	Ian Andrew Horne	1st (Gold)	1st (Gold)
Boys 1 L	Oliver Regan	2nd (Silver)	2nd (Silver)
Ladies 1 L	Karen Hoffmann	1st (Gold)	2nd (Silver)
Ladies 1 L	Geraldine Leong	3rd (Bronze)	5th (repositioned)
Mens 1 L	Gary Lee	3rd (Bronze)	5th (repositioned)
Mens 1 L	Jack Locket	2nd (Silver)	2nd (Silver)
Girls 3 L	Shaída Ghorbanian	1st (Gold)	1st (Gold)
Boys 3 L	Ian Andrew Horne	1st (Gold)	1st (Gold)
Boys 3 L	Tom Regan	2nd (Silver)	2nd (Silver)
Ladies 3 L	Erica Beckwith	1st (Gold)	1st (Gold)
Ladies 3 L	Gyllian Lucas	2nd (Silver)	3rd (Bronze)
Mens 3 L	Don Lamb	2nd (Silver)	2nd (Silver)
Mens 3 L	Carl Richards	4th	5th
Girls 2 L	Shaída Ghorbanian	1st (Gold)	2nd (Silver)
Boys 2 L	Tom Regan	1st (Gold)	2nd (Silver)
Boys 2 L	Ian Andrew Horne	2nd (Silver)	3rd (Bronze)
Ladies 2 L	Anne Rourke	1st (Gold)	1st (Gold)
Ladies 2 L	Jeannette Prentice	2nd (Silver)	2nd (Silver)
Mens 2 L	Gary Lee	1st (Gold)	2nd (Silver)
Mens 2 L	Jack Locket	3rd (Bronze)	5th
Junior Relay	Tom and Oliver	1st (Gold)	2nd (Silver)
Junior Relay	Shaída & Ian Andrew	3rd (Bronze)	4th
Ladies Relay	Anne, Gyllian & Geraldine	2nd (Silver)	3rd (Bronze)
Ladies Relay	Jeanette, Karen & Erica	3rd (Bronze)	4th
Mens Relay	Jack & Don	2nd (Silver)	2nd (Silver)
Mens Relay	Carl & Gary	3rd (Bronze)	3rd (Bronze)
Diving	Tom Regan		2nd (Silver)
Diving	Karen Hoffmann		5th

Club / Team Results

Invitation Gala

Turtles A 82 pts

Turtles B 75 pts

Stevenage Dolphins* 74 pts

Kingfishers A 58 pts

Hatfield Platypus* 58 pts

Kingfishers B 16 pts

* Not NASCH Region 1 Clubs

NASCH Region 1

Turtles A 89 pts

Turtles B 77 pts

Kingfishers A 70 pts

Kingfishers B 14 pts



Thank you to Hasbro UK for supplying the toys and gifts for the raffle at this event

Stevenage Gala Team

Junior 1 Length	Shaída Ghorbanian
Junior 2 Lengths	Ian Andrew Horne
Junior 3 Lengths	Tom Regan
Ladies 1 Length	Karen Hoffmann
Ladies 2 Lengths	Jeannette Prentice
Ladies 3 Lengths	Erica Beckwith
Mens 1 Length	Jack Locket
Mens 2 Lengths	James Lesnek
Mens 3 Lengths	Carl Richards
Diving	Tom Regan
Junior Relay	Ian Andrew Horne Oliver Regan
Ladies Relay	Shaída Ghorbanian Jeannette Prentice Anne Rourke Karen Hoffmann
Mens Relay	Gary Lee Jack Locket James Lesnek



We are a swimming club for anyone with a physical, mental health or learning difficulty.
The Turtles Swimming Club is based at Highgrove Pool, Ruislip and meets every Saturday between 5pm & 6 pm

Turtles website: <http://www.ruislipturtles.org.uk/>



Turtles email: turtlesswimming@yahoo.co.uk



**Leeds Castle 4th
September**



Well the weather could have been kinder to us as the rain we experience demonstrates, but a good time was had by the 36 travellers to Leeds Castle.



There are many more photos on our website.



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