

September 2012



Ruislip Turtles Swimming Club for the Disabled



# Turtles Newsletter

Turtles Swimming Club is a Registered  
Charity Number 1055585

## Diary Dates

Committee Meeting  
Wednesday 22nd  
August

Turtles Gala & NASCH  
Region 1 Gala  
Saturday 1st  
September

No Pool Session  
Saturday 8th  
September

Harry Potter Studio  
Tour  
Sunday 9th  
September

Stevenage Gala  
Saturday 20th  
October

NASCH  
Championships  
Leamington Spa  
Saturday 3rd  
November

## Contacts

Chair (Dave)  
07730 047500

Secretary (Alison)  
07900 118812

## Thank You Eastcote Community Association

We are very grateful to the Eastcote Community Association for their very generous donation of £750. The Turtles Swimming Club was one of two charities to receive a donation following their annual fund raising activities. We are dependent on the goodwill and generosity of local groups to fund our ongoing activities so a very big thank you to the Eastcote Community Association. Thank you also to Peter and Judy Jones for their support of the Turtles in securing this donation.



## Thank You Ruislip St. Martins Masonic Lodge



We have received confirmation that Ruislip St. Martins Masonic Lodge intends to sponsor our annual swimming gala. Our move to Hillingdon Pool will more than double the gala tariff that we were paying at Highgrove Pool and so Alison Grey has been working very hard to secure financial support for the event. We are therefore really delighted about this news and we are looking forward to welcoming members of Ruislip St. Martins to our gala on the 1st September. You can read more about the work of Ruislip St Martins @ [www.ruislipstmartinslodge.com](http://www.ruislipstmartinslodge.com).

Meanwhile, the work to raise funds is an on-going process and Dave and Gary Lee will be making a presentation to Phoenix Ladies Group of Eastcote on Saturday 14th November. We also applied to the Peter Harrison Foundation but unfortunately, we were turned down.

**We are a swimming club for anyone with a physical, mental health or learning difficulty**

## Lynn Steps Down from the Committee

Lynn Thomson has decided to step down from the Turtles Committee. Lynn has been a dedicated member of the club for over 40 year and served as a committee member for over 20 years. Lynn has hosted some of the committee meetings at her home in Eastcote but more recently family commitments have made it difficult for Lynn to participate and so she has reluctantly decided to step down. Lynn will continue on as a member of the club and is looking forward to our return to Highgrove Pool.

Thank you Lynn for all the support you have given to the club over many years.



Following Lynn's decision to stand down, we now have a vacancy on the Committee. The Committee meet once a month and if you are interested in taking a more active role in the running of the club, please express your interest to Dave, Bijan or Alison.

**Please note that there will be no pool session on Saturday 8th September due to a pool booking that pre-dates our switch from Highgrove Pool.**

### Baby it's cold outside.....

When we heard late on the afternoon of Saturday 11th August that our regular pool session could not go ahead, we quickly requested use of the outdoor (Lido) pool. A very warm afternoon quickly turned into a very chilly evening but thankfully we also had the use of the warmer Children's Recreational Pool.

### Harry Potter Tour

Our outing to the Warner Brother Studio Tour takes place on Sunday 9th September. If you are one of the 27 who has signed up and paid for this outing, please be outside the Leavesden Studios at 3.30pm (ready for 4pm). You can find out more about this attraction @ [wbstudiotour.co.uk](http://wbstudiotour.co.uk).

The postcode for the Satnav is: WD25 7GS



### Congratulations Patricia!

Congratulations to Patricia Bonney who celebrated her 80th birthday on the 14th August. Patricia celebrated with a family party and has been busy filling her 80th year with plenty of cruises and holiday breaks.

Patricia organises the weekly Turtles raffle and is a member of the club's committee. Many Happy returns Patricia!

**We are a swimming club for anyone with a physical, mental health or learning difficulty. The Turtles Swimming Club is based at Highgrove Pool, Ruislip but due to the ongoing Highgrove refurbishment programme, the club currently meet every Saturday between 6pm and 7 pm at the Hillingdon Sport and Leisure Complex at Gatting Way Uxbridge.**

## Turtles Invitation Gala & NASCH Region 1 Gala

Our 'double' gala takes place on **Saturday 1st September**. The event commences at 5pm. and we are likely to need volunteers to help with the organisation and we also need donations of food for the buffet. Please make Nigel Grey (or Dave Lee) aware if you would like to assist or

could help with a food donation.

The gala will take place in the deep pool and our Saturday swim session will continue as usual at 6pm in the shallow pool.

The Turtles will be represented by two teams—Turtles A and Turtles B.



Let Nigel know if you can help.....

Would you like to help at the gala?  
We have lost a lot of our regular gala helpers following our move from Highgrove and we are very short this year

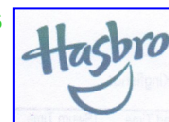


It takes a team of at least 24 volunteers to host a gala:

Referee, Announcer, Starter, Check Starter, 3 Place & Touch Judges, Chief Timekeeper, 2 Timekeepers, Whip, Runner, 2 Recorders, 2 Team Managers, Scoreboard, Presenter of Medals, Raffle, Catering Co-ordinator and at least 3 Catering Support

Please donate some food for the buffet

We are very grateful to Ruislip St. Martins Masonic Lodge for their sponsorship of our gala and to Hasbro UK for their donation of the raffle prizes



Sylvia Smith OBE (Turtles Club President) is hoping to pop in to see everyone for a short while

The regular pool session will go ahead as usual as we are hiring both pools for the evening.

### Turtles Team Sheet

|                   | Turtles A Team   | Turtles B Team  |
|-------------------|--|---|
| Girls 25 Metres   | Sophie Grey  |   |
| Boys 25 Metres    | Tom Regan  | Oliver Regan  |
| Ladies 25 Metres  | Shaida Ghorbanian  | Karen Hoffmann  |
| Mens 25 Metres    | Gary Lee   | Neil Dew  |
| Girls 50 Metres   | Sophie Grey  |   |
| Boys 50 Metres    | Tom Regan  | Oliver Regan  |
| Ladies 50 Metres  | Jeannette Prentice   | Geraldine Leong   |
| Mens 50 Metres    | Don Lamb   | Jack Locket   |
| Girls 100 Metres  | Sophie Grey  |   |
| Boys 100 Metres   | Tom Regan  | Oliver Regan  |
| Ladies 100 Metres | Erica Beckwith   | Gyllian Lucas   |
| Mens 100 Metres   | Gary Lee   | Carl Richards   |
| Junior Relay      | Sophie Grey<br>Sophie Grey<br>Tom Regan<br>Tom Regan                     |   |
| Ladies Relay      | Shaida Ghorbanian<br>Erica Beckwith<br>Jeannette Prentice<br>Anne Rourke | Karen Hoffmann<br>Geraldine Leong<br>Geraldine Leong<br>Gyllian Lucas |
| Mens Relay        | Gary Lee<br>Gary Lee<br>Don Lamb<br>Don Lamb                             | Carl Richards<br>Neil Dew<br>Jack Locket<br>Jack Locket               |
| Diving            | Sophie Grey  | Karen Hoffmann  |

# Meet the Committee

This is the first in a new series of articles designed to let you know more about those trusted to run your club. Every month we will have a questions & answers session with one of the club's committee members — starting this month

with .....**Rosemary Noyes**

**So Rosemary, how long have you been a Turtle?** 34 Years

**What has been your role(s) on the Committee?** Well, I have been the Treasurer since 1984 and I have previously held the position of Chief Instructor and also Vice Chair

**Where do you live and what do you do for a living?** I am retired (but very busy) and I live in Ickenham

**Tell us your favourite movie(s)...** 'Gone with the Wind' and also 'Death in Venice'

**What is your biggest claim to fame?** I am still working on it!

**Who or what is your pride and joy?** My pride and joy has to be my family (cheesy but true!)

**Tell us about your most embarrassing moment...** Entering a restaurant via the window and then going back through it to come in via the door (Don't ask!!)

**Who is your most inspirational person /icon?** Nelson Mandela

**What do you like about the Turtles?** Such a wonderful group of people

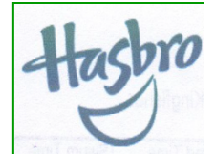
**So what frustrates you Rosemary?** Not remembering where I put my glasses!



**Please Remember**

**1st September — Gala starts at 5pm**  
**1st September — Regular Pool Session at 6pm**  
**8th September — No Pool session**

Thank you to all our Supporters and Sponsors



**Turtles website: <http://www.ruislipturtles.org.uk/>**  
**Turtles email: [turtlesswimming@yahoo.co.uk](mailto:turtlesswimming@yahoo.co.uk)**