

Registered Charity
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NOVEMBER
2014
NEWSLETTER
ISSUE 60

TURTLES SWIMMING CLUB

celebrating
50
years...

Turtles Swimming Club is for anyone with a physical, mental health or learning difficulty

3 Beached Turtles

Our coach outing to Littlehampton and Amberley Heritage Museum took place on Sunday 21st September. The weather stayed fine and some Turtles even made it into the sea for a paddle!

Turn to pages 2 & 3 to see more photographs. There are also 30 photos from the outing on the website @ <http://www.ruislipturtles.org.uk/gallery/Album19.htm>



Diary Dates

Saturday 1st November
NASCH Championships
Leamington Spa

Tuesday 4th November
Committee Meeting

Sunday 30th November
Winter Wonderland Outing

December Saturday the
Carol Singing

Amberley & Littlehampton Outing



Amberley & Littlehampton Outing



There are more Amberley & Littlehampton photos on the website @ <http://www.ruislipturtles.org.uk/gallery/Album19.htm>

NASCH Membership

Turtles Swimming Club has been affiliated to NASCH for nearly 50 years. The main benefit from our affiliation had always been the associated insurance cover provided by our governing body. However, in 2013 the Committee concluded that the insurance cover provided by NASCH was insufficient to meet our needs and subsequently secured independent insurance for 2014. Our governing body initially reacted by informing The Turtles that we could no longer be affiliated to NASCH (i.e affiliation was conditional on payment of the NASCH insurance). This was challenged by our Committee and a number of other clubs and a compromise was agreed whereby clubs could remain affiliated to NASCH for a reduced affiliation fee and provide their own independent insurance arrangements. The Turtles Committee subsequently voted to remain affiliated to NASCH for 2014.

We have receive little guidance from our governing body throughout the last year. We are eligible to attend the NASCH AGM, Conference and Woodlarks holiday (for a fee per attendee). The main remaining benefit from affiliation is the opportunity to participate in the National Championships at Leamington Spa (providing of course our swimmers qualify through the Region One Gala). Our reduced affiliation fee together with transport to the Championships cost the club £500+, but it does give our swimmers the chance to be National Champions. The other benefit is that affiliation to a National body does, on occasions, give our club more kudos when applying for grants or funding.

We now have to decide whether or not we should renew our NASCH affiliation for 2015 and we would really appreciate some feedback from the membership. Please let us have your views.

Equipment

The yellow swim belts are proving very popular and so we have recently purchased 3 extra belts. We have also invested in a second poolside trolley for our swimming equipment.

AGM Minutes

The draft 2014 AGM Minutes can now be viewed on The Turtles Website (News Section).

Diving

Unfortunately we regret to inform you that supervised diving sessions are suspended for the foreseeable future. We are hoping to provide training opportunities for one or more of our volunteers to gain a sufficient qualification to lead these sessions. The 5.45 diving session will remain available for those members wishing to dive entirely at their own risk.

Carol Singing



Peter Horne is trying to organise another supermarket carol singing event. Last December we had a really good turn out at Sainsburys (South Ruislip) raising valuable funds for our club. The Turtles 'choir' was directed and assisted by St. Joseph's Harrow Weald Church Folk Group and also the Harrow Harmony choir.

Date and venue for the 2014 event is yet to be confirmed, but last year was really good fun and so if you are interested in getting involved this year, please let Peter know.

Winter Wonderland Outing – 30th November

Our next outing will be a trip to the Christmas Fayre, Winter Wonderland at Crews Hill.

Springtime Nursery (Crews Hill) is a very large garden centre, close to the M25 (Junction 25). The 3 - 4 weeks before Christmas, they have a large Christmas 'Winter Wonderland' Market

The admission price is £2 for adults and £8 for children (**all payable on the door**). For the £8

the children get to see Father Christmas and receive a gift. There is a live reindeer - not sure if it is Rudolph though! There is a train ride through the various Christmas scenes ending up at Santa's large grotto. Children not wishing to see Santa only have to pay £2



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There is a Snow Globe (photo opportunity) and all the Christmas related stalls you may require. There is a coffee shop inside the Christmas Fayre and a pub next door serving food (The Plough) but both are likely to be very busy, so you may wish to bring a packed lunch.

The Fayre opens at 10am (and is very popular and busy) so we will be setting out from Highgrove at 9.15. We will be managing this trip with 2 mini buses (with wheel chair access) rather than a coach and we request a £3 contribution per traveller. So please book your seats ASAP.

Christmas Wonderland Link: <http://www.christmas-wonderland.co.uk/>

The Christmas Store : <http://www.christmas-wonderland.co.uk/the-christmas-store> i

Springtime Nursery Virtual Tour: <http://www.thegardeningclub.co.uk/>







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It has been a very busy year for the club as our 50 Year Anniversary starts to draw to a close. Our next event will be the Winter Wonderland Outing on the 30th November (see page 5) and we are also hopeful of organising a fund raising carol singing event in December. We trust that you have all had a chance to celebrate and enjoy this tremendous club milestone through the various organised events.

The full diary of the organised events is listed below and we would appreciate any feedback from the membership.

- 1) **January** - Sunday Fun Session (Hillingdon Pool)
- 2) **March** - Evening Meal (Blue Check Restaurant)
- 3) **May** - Club Championships / AGM and Awards Evening
- 4) **July** - Celebration Party at Fairway, Ruislip
- 5) **August** - Sunday Lunch (Young Pretender)
- 6) **September** - Invitation Gala attended by the Mayor
- 7) **September** - Amberley Museum & Littlehampton coach outing
- 8) **October** - Fun Session (Highgrove Pool)
- 9) **November** - Winter Wonderland Outing
- 10) **December** - Supermarket Carol Singing (tbc)

Thank you to all the organisations who support the Turtles

<p>The United Reformed Church of Eastcote & Northwood Hills</p>	 <p>Get your website online!</p>	<p>Combined Charities of Ruislip</p>	
			<p>Trefoil</p>

HILLINGDON LONDON

Hillingdon, Early Intervention Services for Children & Young People

The Turtles Swimming Club is for anyone with a physical, mental health or learning difficulty. The club is based at Highgrove Pool, Ruislip and meets every Saturday between 5pm and 6pm.

<p>Turtles website: http://www.ruislipturtles.org.uk/</p>	<p>Dave Lee (Chair) 07730 047500</p>	<p>Alison Grey (Secretary) 07900 118812</p>	<p>Turtles email: turtlesswimming@yahoo.co.uk</p>
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Highgrove
Fun Session
Sunday 12th
October



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