



**Issue 70
October 2015**

**Registered Charity
Number 1055585**



**Turtles
Fun
Session**

**Hillingdon
Sport &
Leisure
Centre**

**Gatting
Way,
Uxbridge**

**Sunday 8th
November
@ 5pm**

TURTLES SWIMMING CLUB NEWSLETTER

Fun Session moved to Sunday 8th November



The Fun Session has now been confirmed for Sunday 8th November. It was originally planned for Sunday 1st November at Hillingdon Sport & Leisure Centre but the Centre double booked the pool, so we had to rearrange with them for the following week.

Don Lamb has provided funding for the event (see page three) including some drinks and snacks for after the session.

The Fun Session is free to all Turtles but unfortunately, we cannot accommodate guests (other than Don's family members).

The Turtles Swimming Club is for anyone with a physical, mental health or learning difficulty. The club is based at Highgrove Pool, Ruislip and meets every Saturday between 5pm and 6pm.

No Highgrove Swim Session on Saturday 10th October 2015

Pool Closure

Unfortunately, the Highgrove Pool will not be available on Saturday 10th October and so with regret we have had to cancel our regular session on that day.

Harrow Gala

We have been informed by the Harrow Kingfisher Club that they will not be holding an Invitation Gala in 2015.

Gift Aid

If you have not returned your Gift Aid form to Alison, please do so ASAP. If you have lost your form, please request a replacement.

Thank you to all the organisations and individuals who support the Turtles



Peter Horne
(Chair)

Alison Grey
(Secretary)

Turtles email:
turtlesswimming@yahoo.co.uk

Turtles website:
<http://www.ruislipturtles.org>

Farewell Ronnie...RIP



We are very sorry to announce that Ronnie Lamb has sadly passed away. Ronnie had not been swimming for quite a while but has remained a regular Turtles outing participant. Ronnie, seen above with husband Don Lamb, particularly enjoyed the lunchtime meal outings and loved to sing, so she would often sing a song for us all. Ronnie had been unwell for some time but still helped with the Turtles fundraising and can be seen opposite complete with 'collection tin and bucket' at Sainsbury's South Ruislip during our 2013 activities. Our thoughts are with her loving and dedicated husband Don, her 4 children, 5 grandchildren and also with all her extended family and friends.



Don celebrates a very significant birthday on the 10th October and all our best wishes go to Don and hope that he can still enjoy his big day. It is very sad though that Don will not be able to enjoy the day with Ronnie after 53 years of marriage.

But Don still wishes to celebrate this great achievement with the Turtles and has made a considerable donation to the club to fund one of our Sunday Fun Sessions (see front page), *'The Turtles have given me so much enjoyment during my membership I wanted to repay the Club in some way, as well as acknowledge and celebrate my special birthday, so please send an invitation to all the Turtles to come along to my pool party!'*
Thank you Don!

Turtles Invitation Gala

Saturday September 5th 2015

Following all the initial problems at the start of the gala (the pool staff claimed no knowledge of our confirmed booking!!!) our organising team managed to pull off a successful and exciting Invitation Gala at Hillingdon Sport & Leisure Centre.

The Turtles entered 2 teams (Team A & Team B) and with 2 events remaining our two teams occupied first and second positions.

However, both of our Mens Relay Teams were disqualified in event 12 and with Adam Jones from Hatfield Platypus winning the Diving Event, our two teams dropped to second and third, with the 'B' team out performing the 'A' team.

Congratulations to Gold Medal winners: Jeannette Prentice (2) Shaida Ghorbanian, Carl Richards, Ian Andrew Horne and Sophie Grey.

The guests of honour, Cllr Allan Kauffman and his wife Lynn, presented the medals

Well done to our competitors, medal winners, volunteers and organisers. Timings available on the Turtles website.

T e a m	Event	Competitor	Medal
A	Junior 25 Metres	Tillie Hewlett	
B	Junior 25 Metres	Charlie Laws	Bronze
A	Ladies 25 Metres	Geraldine Leong	Bronze
B	Ladies 25 Metres	Jeannette Prentice	Gold
A	Mens 25 Metres	Neil Dew	
B	Mens 25 Metres	James Lesnek	Bronze
A	Junior 50 Metres	Oliver Regan	
B	Junior 50 Metres	Charlie Laws	Bronze
A	Ladies 50 Metres	Shaida Ghorbanian	Gold
B	Ladies 50 Metres	Jeannette Prentice	Silver
A	Mens 50 Metres	Jamie Woodbridge	
B	Mens 50 Metres	Carl Richards	Gold
A	Junior 100 Metres	Oliver Regan	Silver
B	Junior 100 Metres	Antony Laws	
A	Ladies 100 Mtrs.	Gyllian Lucas	
B	Ladies 100 Mtrs.	Sophie Grey	Silver
A	Mens 100 Metres	Ian Andrew Horne	Gold
B	Mens 100 Metres	Gary Lee	Silver
A	Junior Relay	Tillie (1) Oliver (3)	
B	Junior Relay	Charlie (2) Antony (2)	Bronze
A	Ladies Relay	Gyllian, Shaida (2) & Geraldine	Silver
B	Ladies Relay	Jeannette (2) & Sophie (2)	Gold
A	Mens Relay	Gary, Neil & Jamie (2)	
B	Mens Relay	Ian Andre (2), Carl & James	
A	Diving	Oliver Regan	
B	Diving	Sophie Grey	3rd

Team Results

	Pts
Hatfield Platypus	93
Ruislip Turtles B	89
Ruislip Turtles A	81
Potters Bar Barracuda	64
Harrow Kingfishers A	56
Stevenage Dolphins	47
Enfield Venturers	45
Ealing	36

Turtles



Gala Team

Thank you volunteers

Big thank you to all those who stepped forward and helped with the gala. We cannot hold an invitation gala without the support of the volunteers who donate food for the buffet and perform essential poolside duties. Thank you once again!

The Gala Medal Table

	2015 Total	Gold	Silver	Bronze	Special Award	Gala Events
Don Lamb	11	1	3	6	1	6
Jeannette Prentice	10	5	3	2		7
Charlie Laws	10	3	4	3		5
Sophie Grey	10	3	2	4	1	4
Shaida Ghorbanian	10	2	6	2		6
Neil Dew	10		3	6	1	6
Antony Laws	8	3	4	1		5
Karen Hoffmann	7	4	1	2		4
Oliver Regan	7	3	3	1		5
Gary Lee	7	2	3	2		4
Ian Andrew Horne	6	2	2	2		4
Jamie Woodbridge	5	5				3
Geraldine Leong	5	2	1	2		2
Carl Richards	2	2				2
Gyllian Lucas	2	1	1			3
Tillie Hewlett	1		1			2
James Lesnek	1			1		3
Sonam Lakham	0					1
Totals	112	38	37	34	3	7

Remember.....
No Highgrove Swim Session on
Saturday 10th October 2015