

# TURTLES SWIMMING CLUB NEWSLETTER



## Congratulations to all our 2016 Award Winners!

*Turtles Swimming Club is for anyone with a physical, mental health or learning difficulty*

Diving  
Champion  
Jamie  
Woodbridge



Junior  
Improver of  
the Year &  
Junior 3  
Lengths  
Champion



Tillie  
Hewlett



Junior 1 Length  
Champion  
Charlie Laws

Volunteer of  
the Year  
Jordan  
Mason



Senior  
Improver of  
the  
Year  
Kerry  
Henderson



Mens 3  
Lengths  
Champion  
Don Lamb



Ladies 1 Length  
Champion &  
Ladies 3  
Lengths  
Champion  
Jeannette  
Prentice



Mens 1 Length  
Champion  
Gary Lee

Helpers  
Champion  
Dave Lee



Family Relay  
Champions  
Lee Family



Relay  
Champions  
Ladies  
Team,  
Jeannette,  
Shaida,  
Karen



## Club 2016 Championship Results

Event	1st	2nd	3rd	4th
<b>Junior 3 Lengths</b>	Tillie Hewlett	Oliver Regan		
<b>Ladies 3 lengths</b>	Jeannette Prentice	Karen Hoffmann	Shaida Ghorbanian	
<b>Mens 3 Lengths</b>	Don Lamb	Gary Lee	Jamie Woodbridge	
<b>Junior 1 Length</b>	Charlie Laws	Anthony Laws	Tillie Hewlett	Oliver Regan
<b>Ladies 1 Length</b>	Jeannette Prentice	Karen Hoffmann	Shaida Ghorbanian	
<b>Mens 1 Length</b>	Gary Lee	Jamie Woodbridge	Don Lamb	
<b>Helper Race</b>	Dave Lee	Peter Horne	Bijan Ghorbanian	
<b>Relay Race</b>	Karen, Jeannette & Shaida	Tillie, Antony & Charlie	Gary & Don	Jamie & Oliver
<b>Family Relay</b>	Lee Family	Wallis/Laws Family	Regan Family	Ghorbanian Family
<b>Diving</b>	Jamie Woodbridge	Karen Hoffmann	Erich Hoffmann	Shaida Ghorbanian

The winners above have all been added to the Turtles Hall of Fame @ <http://www.ruislipturtles.org.uk/HallofFame.htm>

**Congratulations to all our 2016 award winners.**

**In total we had 17 competitors participating in the 2016 Club Championships.**

**The updated Medal Table is shown below. Congratulations to Shaida Ghorbanian who currently leads the table after 3 events.**

	2016 Total	Gold	Silver	Bronze	Gala Events	2015 Total	2014 Total	2013 Total	2012 Total	2011 Total	2010 Total	2009 Total
Shaida Ghorbanian	8	3	1	4	3	10	10	6	9	10		
Karen Hoffmann	7	3	4	0	3	7	11	13	15	11	10	11
Gary Lee	6	1	3	2	3	7	20	10	13	11	12	12
Jeannette Prentice	5	3	2	0	2	10	14	8	11	9	15	
Jamie Woodbridge	5	1	3	1	2	5	6	12	4			
Tillie Hewlett	5	1	2	2	3	1						
Oliver Regan	4	1	2	1	3	7	15	14	14	11		
Charlie Laws	3	2	1	0	3	10	12					
Antony Laws	3	1	2	0	3	8	15					
Don Lamb	3	1	0	2	1	11	12	11	12	4		
Sophie Grey	3	0	1	2	1	10	14	25	26	9	14	1
Neil Dew	1	0	1	0	2	10	4		4	7	9	13
Scarlet Regan	0	0	0	0	2	0						
Others	0	0	0	0	0	16	44	84	66	72	54	57
<b>Totals</b>	53	17	22	14	3	112	177	183	174	144	114	94

**Club 2016  
Championship  
Photos**

You can view many more photos from our 2016 galas on the Turtles Website @

<http://www.ruislipturtles.org.uk/gallery/Album21.htm>

Great photos, big thanks to Maurice Woodbridge





**Club 2016  
Championship**

