

## TURTLES SWIMMING CLUB NEWSLETTER



*Established 1964*  
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The Turtles Swimming Club is for anyone with a physical, mental health or learning difficulty.

Based at Highgrove Pool in Ruislip, the club meets every Saturday between 5pm and 6pm.

Draft AGM Minutes can now be viewed on the Turtles Website via the News Index

## Keeping it in the Family!



Chairman Peter Horne presented the Don Lamb Shield to Jacquie Mason and then presented the Volunteer of The Year Trophy to Jordan Mason.

Jacqui is the first ever winner of the Don Lamb Shield, awarded for 'Contribution to the Turtles Swimming Club' Congratulations to both mum and daughter!



# Potters Bar Barracuda Gala Result

Our Gala Team finished in 3rd place at the Potters Bar, Barracuda Gala on Saturday 25th June.

Gold medal congratulations go to Sophie Grey and to all 3 of our Relay Teams. Shaida Ghorbanian, Jeannette Prentice and Oliver Regan also won Bronze medals.

Photos on page 3. Timings are listed below.

	SWIMMER	Entered Time	Swum Time / Score	Position
Junior 1 length	Scarlet Regan	1.09	0.59	
Ladies 1 length	Shaida Ghorbanian	0.50	0.44	3rd
Mens 1 length	Don Lamb	0.54	0.59	
Junior 3 lengths	Tillie Hewlett	2.30	3.02	
Ladies 3 lengths	Sophie Grey	2.11	2.13	1st
Mens 3 lengths	Gary Lee	2.51	2.41	
Junior 2 lengths	Charlie Laws	1.50	1.40	
Ladies 2 lengths	Jeannette Prentice	2.19	2.17	3rd
Mens 2 lengths	Don Lamb	2.08	1.54	
Diving	Oliver Regan			3rd
Junior Relay 3 lengths	Scarlet, Antony, Oliver	2.27	2.25	1st
Ladies Relay 3 lengths	Jeannette, Shaida, Sophie	2.36	2.24	1st
Mens Relay 3 lengths	Don, Gary(2)	2.37	2.26	1st

## Team Result

Hatfield Platypus	1st
Stevenage Dolphins	2nd
Ruislip Turtles	3rd
Potters Bar Barracuda	4th
Enfield Venturers	5th

## Current Medal Table

	2016 Total	Gold	Silver	Bronze	Gala Events
Shaida Ghorbanian	10	4	1	5	4
Jeannette Prentice	7	4	2	1	3
Karen Hoffmann	7	3	4	0	3
Gary Lee	7	2	3	2	4
Oliver Regan	6	2	2	2	4
Sophie Grey	5	2	1	2	2
Jamie Woodbridge	5	1	3	1	2
Tillie Hewlett	5	1	2	2	4
Antony Laws	4	2	2	0	4
Don Lamb	4	2	0	2	2
Charlie Laws	3	2	1	0	4
Scarlet Regan	1	1	0	0	3
Neil Dew	1	0	1	0	2
Others	0	0	0	0	0
<b>Totals</b>	<b>65</b>	<b>26</b>	<b>22</b>	<b>17</b>	<b>4</b>





Turtles website:  
<http://www.ruislipturtles.org.uk/>

Turtles email:  
[turtlesswimming@yahoo.co.uk](mailto:turtlesswimming@yahoo.co.uk)

# Neil Dew 23/4/92 – 2/5/2016



Thank you for the financial donations that The Turtles S.C has received from members wishing to commemorate the passing of Neil Dew.

Should you still wish to make a donation, you can either pass a cheque to our Treasurer (Rosemary Noyes) or you can go to Neil's special website @

[http://www.love2donate.co.uk//inmemory/identify\\_name.php?currentpage=1&chosen=9932](http://www.love2donate.co.uk//inmemory/identify_name.php?currentpage=1&chosen=9932)

Or go to the Funeral Director's website @

<http://www.lodgebros.co.uk/> Click on "Make a Donation" enter the name of Neil Dew , carriage return, click again on the name and the tribute and donation page will come up.

*'Our much loved son Neil Dew passed away suddenly as a result of a heart problem. Greatly missed by all. If you wish to make a donation to either Turtles Swimming Club or The Down's Syndrome Association his family would be most appreciative.'*



**Congratulations to Daisy and Bryony who have both received 25 Metres Swim Medals**



<b>Turtles Diary Dates</b>	Tues. 9th August	Committee Meeting
	Sun. 11th September	Coach Outing
	Sat.17th September	Turtles Invitation Gala

*Thank you to the organisations and individuals who support the Turtles*

Ruislip Combined Charity

St Lawrence Players

Four Wheels Uxbridge Rotary



Waitrose