

Turtles Swimming Club Newsletter



Well Done Jessica



Congratulations to Jessica Grey who is now a Level One Swim Teacher having completed her qualification at Watford Woodside Leisure Centre the weekend of the 3rd & 4th of December. Jessica became a Pool Helper 2 years ago as part of her Duke of Edinburgh training scheme having been a Turtles family

member for numerous years beforehand.

Congratulation Jessica!

We are very grateful to all the swim teachers & helpers who give up their time to support the Turtles.

**The Turtles Swimming Club is for anyone with a physical, mental health or learning difficulty.
Based at Highgrove Pool in Ruislip, the club meets every Saturday between 5pm and 6pm.**

Established 1964

Thank You To The Combined Charities of Ruislip

We are very grateful to The Combined Charities of Ruislip for another generous donation.

The Combined Charities organise various fundraising events and decided to make The Turtles Swimming Club one of their supported charities for 2016, having previously supported the Turtles in 2011 and 2013.

We are delighted to have received a cheque for £200 and thank them for their generous continued support.

Pool Fun Session

The Turtles Swimming Club received several very generous donations following the passing of Neil Dew, and so we have organised a 2017 Pool Fun Session in memory of our lost friend. Neil really enjoyed the previous Fun Sessions at Hillingdon Sport and Leisure Centre and so please come along on Sunday 15th

January—5pm for 5.15 start. The event will be free to all Turtles members, sorry no guests.

**Hillingdon Sport & Leisure Centre,
Gatting Way, Uxbridge UB8 1ES**



British Long Distance Swimming Association



We will be organising our 2017 event for the evening of Saturday 4th February at Highgrove Pool between 6pm and 7pm. So if you would like to take part, please register with Alison Grey. All members may participate (even family members who do not have a disability). It is fun to see just how far you can swim in one hour (or less than an hour should you wish). We will also need volunteers to help with the counting and recording.

Turtles Diary Dates

Well it s time to get those new 217 diaries out and make some Turtles entries. For the Gala Team members, we now have confirmed dates for the Hitchin, Hatfield and the Hanworth & Feltham Galas. Let Dave Lee know. If you wish to participate Our In-House Championships event is booked for the 6th May with the Diving Championships arranged for the previous week.

This year's AGM and award ceremony will be a couple of weeks later than usual (June 10th) and we are also looking to organise a Sunday 10 Pin Bowling Social Outing just after Easter.

So together with the Pool Fun Session and the Long Distance Swim (see opposite) it all promises to be a busy 2017 for the Turtles!

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| Tuesday 10th January | Committee Meeting |
| Sunday 15th January | Pool Fun Session (Hillingdon) |
| Saturday 4th February | 2017 British Long Distance Swim '@ 6pm |
| Thursday 9th February | Committee Meeting |
| Saturday 18th March | Lions Hitchin Gala |
| Sunday 26th March | Lions Hanworth & Feltham Gala |
| Saturday 8th April | Hatfield Platypus Gala |
| Sunday 23rd April | 10 Pin Bowling Outing (tbc) |
| Saturday 29th April | Turtles Diving Championships |
| Saturday 6th May | Turtles Swimming Championships |
| Saturday 10th June | Turtles AGM |

Well Done Bijan & Dave!

Congratulations to Bijan Ghorbanian and Dave Lee who both passed their Mini-bus Refresher Driving Tests (MIDAS). In order to hire a Community Transport mini-bus, registered club drivers have to re-sit their driving tests every 4 years. The mini-buses provide valuable transport to competitive and social events for our gala team and for some of our less mobile members .

Swimming Badge Winners

Congratulations to Esstelle who has now received the full set of Turtles Distance Badges.

Congratulations also to Uttan (seen with his father below) who has been awarded his 10 metres Turtles Distance Badge. Really great news—well done!



Turtles Swimming Club is a Registered Charity

Nos. 1055585

Chair

Peter Horne

Secretary

Alison Grey

Turtles email:

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Turtles website:

<http://www.ruislipturtles.org.uk>

Thank you to the organisations and individuals who support the Turtles



**Four Wheels
Uxbridge Rotary
Rotary**



**Combined
Charities of
Ruislip**