



RUISLIP TURTLES IS A HILLINGDON GOLD STANDARD CLUB AND IS A REGISTERED CHARITY NUMBER 1055585



ESTABLISHED 1964

NEWSLETTER ISSUE 198 JUNE 2026

Ruislip Turtles AGM & Awards Evening

Saturday 20th June starting @ 7.30

Come and join us!



Come along to our awards evening on Saturday June 20th and should you wish, book your Fish and Chip Supper with our Saturday Reception desk.

Established in 1964, the Ruislip Turtles Swimming Club is for anyone with a physical, mental health or learning difficulty. Based at Highgrove Pool in Ruislip, the club is run by a group of dedicated volunteers and meets every Saturday between 5pm and 6pm.

We Need More Committee Members

We need more help to keep this great club running. If you think you could help, please speak to Heather or one of the current team. The current committee is listed in this issue.



Notice of Ruislip Turtles 2026 AGM Agenda

Saturday 20th June 2026 19.30pm
Scout Hall, Community Close Ickenham

- 1. Apologies for Absence**
- 2. To approve the 2025 AGM Minutes**
- 3. Any Matters Arising**
- 4. Report from the Chair**
- 5. To Receive & Approve the Annual Accounts and Treasurer's Report**
- 6. Secretary's Report**
- 7. Chief Instructor's Report**
- 8. Election of Officers & Committee: Chair, Vice Chair, Secretary, Treasurer, Chief Instructor, Assistant Secretary, Child Protection Officer, Competition Secretary, Health & Safety Officer, and six Committee Members.**
- 9. Appointment of Auditors**
- 10. Any Other Business**

After the AGM, we will present this year's award winners with their trophies and medals. We hope as many as possible will be able to attend the ceremony.

The full list of 2026 award winners can be found over the page.



2026 Awards

Junior 3 Lengths Bronze – William Davies
Junior 3 Lengths Silver – Frankie Patmore
Junior 3 Lengths Gold - Ryan Orlinski

Ladies 3 Lengths Bronze— Shaida Ghorbanian
Ladies 3 Lengths Silver— Kirah Jones-Mills
Ladies 3 Lengths Gold— Jeannette Prentice

Mens 3 Lengths Bronze— Ian Andrew Horne
Mens 3 Lengths Silver— Anthony Or
Mens 3 Lengths Gold— Josh Arends

Junior 1 Length Bronze— Amaira Guliani
Junior 1 Length Silver – Danny Olinski
Junior 1 Length Gold— Anaisha Khandelwal

Ladies 1 Length Bronze— Jeannette Prentice
Ladies 1 Length Silver— Hazel Prentice
Ladies 1 Length Gold— Kirah Jones-Mills

Mens 1 Length Bronze - Anthony Or
Mens 1 Length Silver - Josh Arends
Mens 1 Length Gold - Ian Andrew Horne

Novice Bronze – Pranav Venkataraman
Novice Silver - Jake Taylor
Novice Gold - Sashvin Pratheepan

Endeavour Bronze - Daniel Goodman
Endeavour Silver - Nathan Ly
Endeavour Gold - Emily Evans

Diving Bronze— Anthony Or
Diving Silver – Ryan Orlinski
Diving Gold— Danny Orlinski



2026 Awards (Contd.)

Relay Bronze— Ladies (Kirah, Karen, Shaida, Jeannette)

Relay Silver— Junior (Ryan, Danny, Frankie, Freddie)

Relay Gold— Junior (Anaisha, William, Amaira)

Helper's Bronze - Krishna Samaria

Helper's Silver - Esha Kulkarni

Helper's Gold - Harry Wang

Family Relay Bronze— Davis

Family Relay Silver— Badaya

Family Relay Gold Medal— Orlinki

Junior Improver— Anaisha Khandelwal?

Senior Improver— Kirah Jones-Mills

Volunteer of the Year— Rachel Chisholm

Don Lamb Award for 'Service to the Turtles' – Cheryl Lee

AGM Supper

Come along to our awards evening on Saturday June 20th and should you wish, book your Fish and Chip Supper with our Saturday Reception desk.



The Supper will be delivered to the Scout Hall at 6.30 by Ickenham Fish Bar.

**Other meals are also available for delivery if you do not want fish.
The full menu and prices will be available on our Saturday reception desk.
All food must be pre-ordered and paid for by Saturday 13th June.**

Championship Medals Awarded

	Gold	Silver	Bronze	Total
Anaisha	3	1		4
Ryan	2	1	1	4
Danny O	2	1	1	4
Anthony		2	2	4
Kirah	2	1	0	3
Josh	1	2		3
Ian-Andrew	1	1	1	3
William	1		2	3
Jeannette	1		1	2
Amaira	1		1	2
Rachel	1		1	2
Frankie		1	1	2
Sahuin	1			1
Emily	1			1
Harry	1			1
Janet	1			1
Sarah	1			1
Cheryl	1			1
Hazel		1		1
Jake		1		1
Nathan		1		1
Esha		1		1
Pankaj		1		1
Poonam		1		1
Shaida			1	1
Pranav			1	1
Daniel G			1	1
Freddie			1	1
Krishna			1	1
Helen			1	1
Karen			0	0
	21	16	17	54

Championship Photos

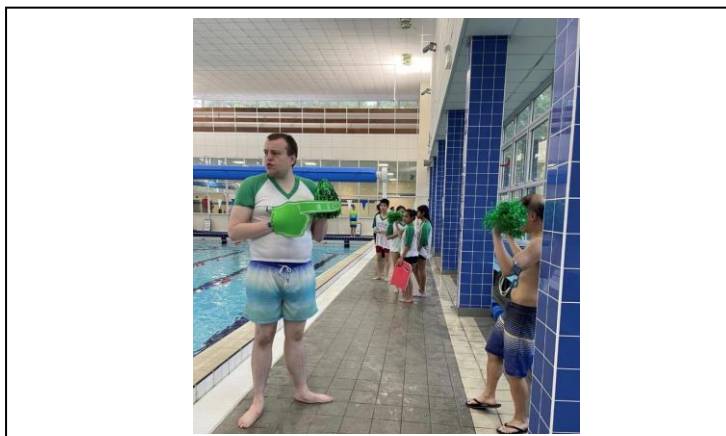
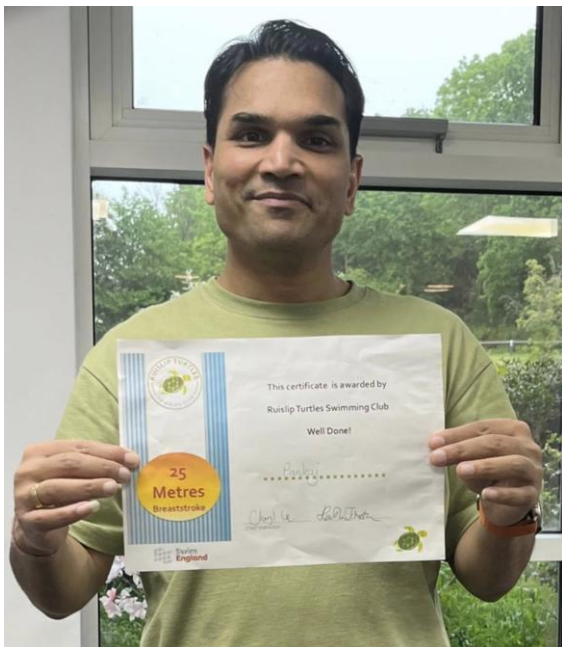


Photo Gallery



2026 Medal Table

	2026	Gold	Silver	Bronze	Other	Galas
Anaisha	4	3	1	0	0	1
Ryan	4	2	1	1	0	1
Danny O	4	2	1	1	0	1
Anthony O.	4	0	2	2	0	2
Kirah	3	2	1	0	0	1
Josh	3	1	2	0	0	2
Ian Andrew	3	1	1	1	0	1
William	3	1	0	2	0	2
Jeannette	2	1	0	1	0	2
Amaira	2	1	0	1	0	1
Rachel	2	1	0	1	0	1
Shaida	2	0	1	1	0	2
Frankie	2	0	1	1	0	1
Janet E.	1	1	0	0	0	1
Sarah O.	1	1	0	0	0	1
Emily	1	1	0	0	0	1
Harry	1	1	0	0	0	1
Sashuin	1	1	0	0	0	1
Hazel	1	0	1	0	0	1
Jake	1	0	1	0	0	1
Karen	1	0	0	1	0	2
Freddie	1	0	0	1	0	1
Helen D.	1	0	0	1	0	1
Daniel G.	1	0	0	1	0	1
Nathan	1	0	1	0	0	1
Esha	1	0	1	0	0	1
Pankaj	1	0	1	0	0	1
Poonam	1	0	1	0	0	1
Pranav	1	0	0	1	0	1
Krishna	1	0	0	1	0	1
Cheryl	1	0	0	0	1	0
Gary	0	0	0	0	0	1

Hatfield Platypus Swimming Club Annual Inter Club Gala

Venue: Hatfield Swimming Centre (AL10 0EB)

Date: 31st May 2026 Time: 3:00pm for 3.20pm

Ruislip Turtles Team Sheet (Sadly, we are unable to enter a Gentlemen's Team)

Event no.	Event	Name of Competitor	Submitted time. (mins./secs.)	Time Taken (mins./secs.)
1	Junior 3 lengths	Anaisha Khandelwal	4.23	
2	Ladies 3 Lengths	Jeannette Prentice	3.39	
3	Gentlemen 3 Lengths			
4	Junior 1 length	Amaira Guliani	1.28	
5	Ladies 1 Length	Hazel Prentice	1.13	
6	Gentlemen 1 Length			
7	Ladies Diving	Karen Hoffmann		
8	Gentlemen Diving			
9	Junior 2 lengths	William Davies	3.12	
10	Ladies 2 Lengths	Shaida Ghorbanian	1.48	
11	Gentlemen 2 Lengths			
12	Junior 3x1 Relay	Anaisha Khandelwal Amaira Guliani William Davies	4.27	
13	Ladies 3x1 Relay	Karen Hoffmann Shaida Ghorbanian Hazel Prentice	3.03	
14	Gentlemen 3x1 Relay			
15	Special Event	Jeannette Prentice	1.00	



2026 Key Events

Hatfield Platypus Gala – 31st May 2026 at 3pm

Drowning Prevention Week - 13th June 2026

AGM - Saturday 20th June 2026

Special Olympics - 7th November 2026

Turtles Invitation Gala - 14th November 2026

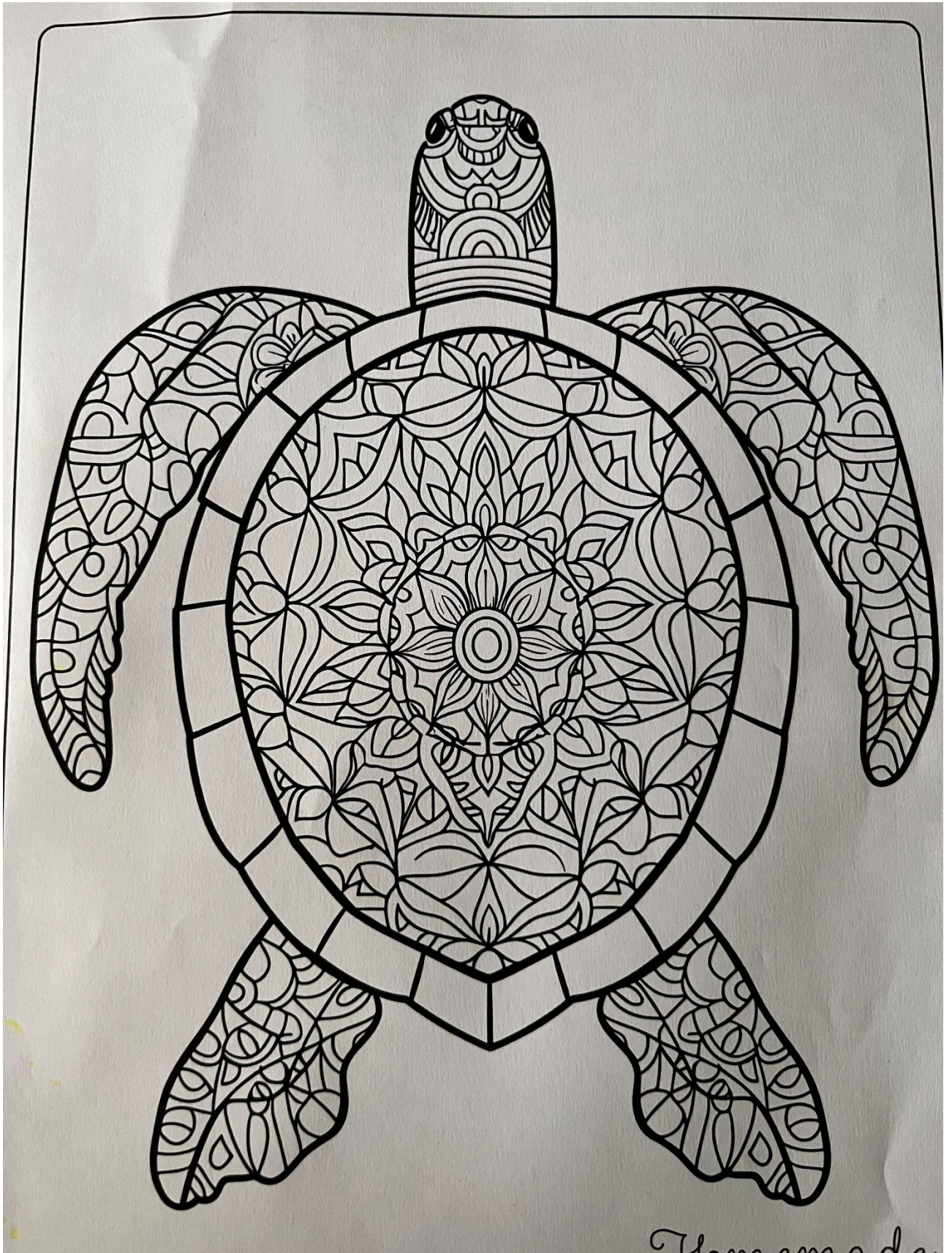


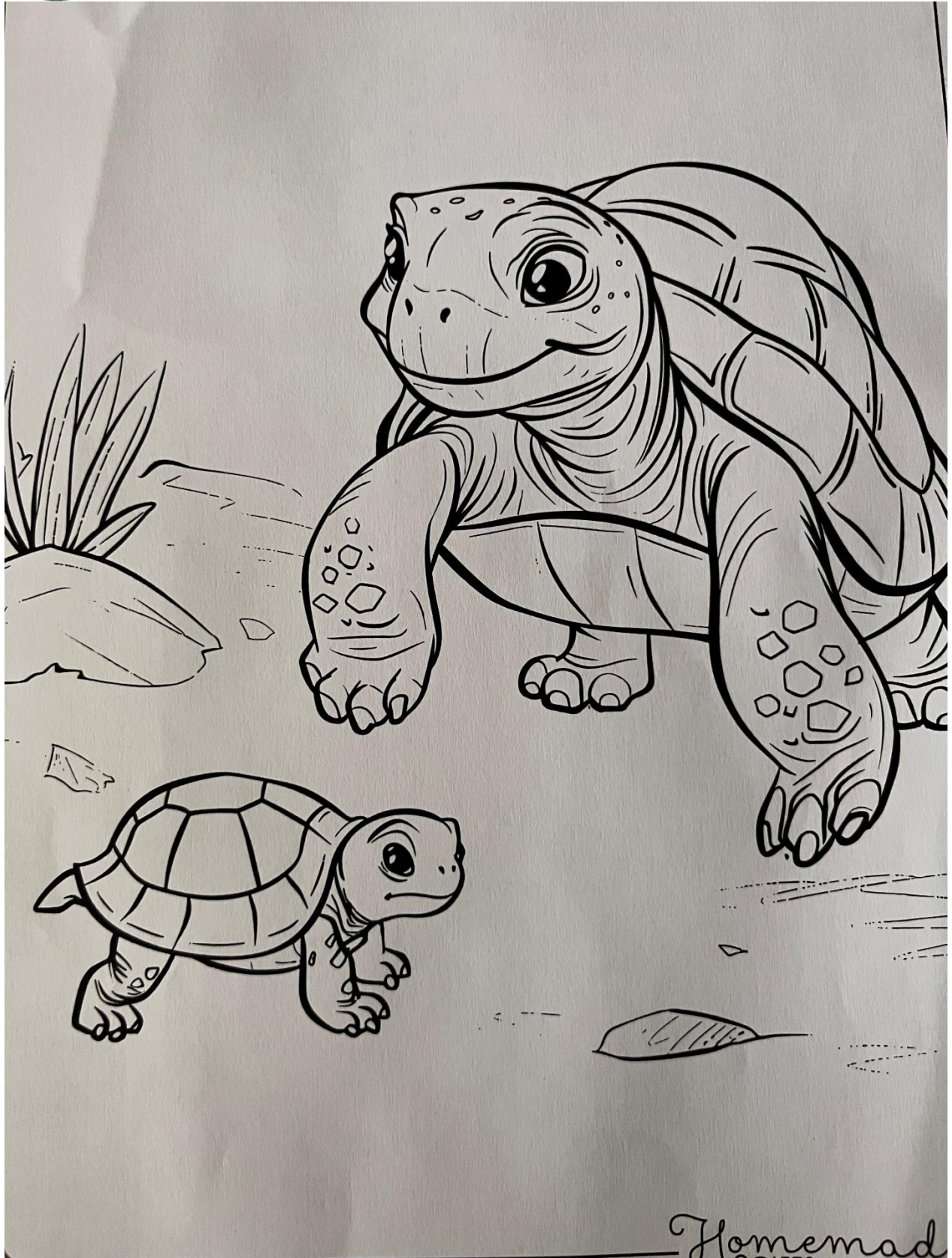
If you wish to participate in this year's Drowning Prevention Week Event, please remember to bring a t-shirt to wear in the pool.





Colouring-In Time!







Ruislip Turtles Committee



HEATHER JOHNSTON
CHAIR



CHERYL LEE
CHIEF INSTRUCTOR



AJAY JOGINIPALLY
TREASURER



DAVE LEE
COMPETITION SECRETARY & CLUB PRESIDENT



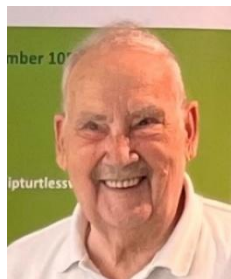
FIONA MACINTYRE
VICE CHAIR, SECRETARY & WELFARE OFFICER



BIJAN GHORBANIAN
ASSISTANT SECRETARY



PETER HORNE
HEALTH & SAFETY OFFICER



TERRY CHESHIRE, JANET EVANS. & ANDY WALLIS
COMMITTEE MEMBERS



Poolside Support

Level Two Teachers



CHERYL LEE
CHIEF INSTRUCTOR & HEAD OF TRAINEE SCHEME



JANET



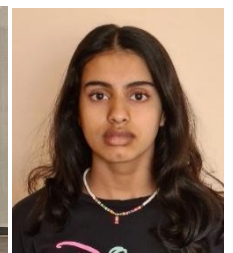
RACHEL



KRISHA



ANOUSHKA



ESHA

Level One Teacher



JORDAN



PETER



DAVE

Poolside Support Teachers



Trainees 2026

Our President, Dave Lee started the trainee scheme back in 2010. We have had 47 trainees through the scheme and even survived the tricky Covid-19 time to rebuild the scheme once again. We have more trainees today than ever before. We are very grateful to these wonderful youngsters who give up their time for free to help the club. In return, the club supports their Duke of Edinburgh applications and provides financial support for swim teaching training. Cheryl Lee is a Swim England & Swim Teachers Association Tutor, and our scheme is dependent on her to provide the necessary skills and mentoring.



28. Katie 2023



37. Sienna 2024



38. Adib 2024



40. Mahi 2025



41. Julie 2025



42. Harry 2025



43. Amina 2026



46. Nikhil 2026



44. Shreya 2026



45. Hannah 2026



47. Orla 2026



Ruislip Turtles Facebook Page:

<https://www.facebook.com/groups/239441714565996>

Ruislip Turtles email: turtlesswimming@yahoo.co.uk

Ruislip Turtles Website: <http://www.ruislipturtles.org.uk>

Ruislip Turtles Instagram page:

<https://www.instagram.com/ruislipturtlesswimming/>